

# MARCH 2019

## Hines Middle School Breakfast and Lunch Menu

Lunch – **\$2.90-paid & 0¢-reduced** □ **Extra Milk– 45¢** or juice – **45¢**

Lunch includes: Entrée sandwiches and salads, salad bar with fruits, vegetables, breads, grains , Oregon Milk

**Breakfast - \$1.75 paid & 0¢ – reduced in the Cafeteria.** Menu is subject to change

Some items may contain nuts.

*Food allergies need to be documented by a licensed doctor and a copy sent to the kitchen.*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
	<b>NATIONAL BREAKFAST WEEK MART 4-7</b> (TRY SOME NEW ITEMS THIS WEEK)		<b>BREAKFAST FOR LUNCH ON MARCH 7TH</b>
4 <b>Breakfast</b> Assrt Cereals & Grains, fruits & Milk <i>Hot: Strawberry Bagel Bar &amp; H-Brown</i> <b>Lunch</b> <u>Sandwiches &amp; Salads Daily</u> WG Chicken Burger Seasoned Baked Beans	5 <b>Breakfast</b> Assrt Cereals & Grains, fruits & Milk <i>Hot: Apple Cinnamon Muffin w/ String cheese</i> <b>Lunch</b> <u>Sandwiches &amp; Salads Daily</u> Beef Tostada bowl w/ Beans & Mexi Rice	6 <b>Breakfast</b> Assrt Cereals & Grains, fruits & Milk <i>Hot Breakfast Burrito w/ Tots</i> <b>Lunch</b> <u>Sandwiches &amp; Salads Daily</u> Pepper Jack Cheese Burger w/ Chips Potato Salad	7 <b>Breakfast</b> Assrt Cereals & Grains, fruits & Milk <b>Lunch</b> <u>Breakfast for Lunch only</u> <i>Biscuit &amp; Gravy</i> <i>Sausage, Tater tots</i> <i>Yogurt w/ granola</i> <i>Assorted fruit &amp; Milk</i>
11 <b>Breakfast</b> Assrt Cereals & Grains, fruits & Milk Assorted Muffins w/ Fruit <u>Sandwiches &amp; Salads Daily</u> Stuff Crust Pizza Pasta Salad	12 <b>Breakfast</b> Assrt Cereals & Grains, fruits & Milk WG Waffles w/ Fresh Fruit <b>Lunch</b> <u>Sandwiches &amp; Salads Daily</u> Crunchy Beef Taco's Corn	13 <b>Breakfast</b> Assrt Cereals & Grains, fruits & Milk <i>Hot: Bagel w/ Cream Cheese</i> <b>Lunch</b> <u>Sandwiches &amp; Salads Daily</u> Meat Lasagna TX Toast & Green Beans	<b>Breakfast</b> Assrt Cereal & Grains, fruits & Milk WG/ Donut <b>Lunch</b> <u>Sandwiches &amp; Salads Daily</u> Toasted Cheese w Tomato Soup
18 <b>Breakfast</b> Assrt Cereals & Grains Fruit & Milk <i>Hot: Biscuit &amp; Sausage Gravy</i> <b>Lunch</b> <u>Sandwiches &amp; Salads Daily</u> Chicken & Cheese Gravy Mashed Potato Bowl w/ Biscuit	19 <b>Breakfast</b> Assrt Cereals & Grains, fruits & Milk <i>Hot: Apple Frudel w/ String Cheese</i> <b>Lunch</b> <u>Sandwiches &amp; Salads Daily</u> Super Nacho's w/ Beans & Cheese & Mexi Rice	20 <b>Breakfast</b> Assrt Cereal & Grains, Fruit & Milk <i>Hot: Scrambled egg w/ Sausage</i> <b>Lunch</b> <u>Sandwiches &amp; Salads Daily</u> Chicken Strips w/ Dipping sauces Potato Wedges	21 <b>Breakfast</b> Assrt Cereals & Grains, fruits & Milk WG Donut's <b>Lunch</b> <u>Sandwiches &amp; Salads Daily</u> Teriyaki Chicken w/ Vegetable Fried Rice
<b>SPRING BREAK MARCH 25-29</b>			

**This institution is an equal opportunity provider.**

