

FEBRUARY 2019

Hines Middle School Breakfast and Lunch Menu

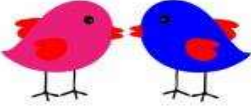
Lunch – **\$2.90-paid & 0¢-reduced** □ **Extra Milk– 45¢** or juice – **45¢**

Lunch includes: Entrée sandwiches and salads, salad bar with fruits, vegetables, breads, grains , Oregon Milk

Breakfast - \$1.75 paid & 0¢ – reduced in the Cafeteria. Menu is subject to change

Some items may contain nuts.

Food allergies need to be documented by a licensed doctor and a copy sent to the kitchen.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
			
<p>4</p> <p style="text-align: center;">Breakfast</p> <p>Assrt Cereals & Grains, fruits & Milk</p> <p><i>Hot:</i> Cheesy Eggs & H-Brown</p> <p style="text-align: center;">Lunch</p> <p><u>Sandwiches & Salads Daily</u></p> <p>WG Chicken Burger Seasoned Baked Beans</p>	<p>5</p> <p style="text-align: center;">Breakfast</p> <p>Assrt Cereals & Grains, fruits & Milk</p> <p><i>Hot:</i> Cherry Fundal w/ String Cheese</p> <p style="text-align: center;">Lunch</p> <p><u>Sandwiches & Salads Daily</u></p> <p>Beef Tostada bowl w/ Beans & Mexi Rice</p>	<p>6</p> <p style="text-align: center;">Breakfast</p> <p>Assrt Cereals & Grains, fruits & Milk</p> <p><i>Hot</i> Breakfast Burrito w/ Tots</p> <p style="text-align: center;">Lunch</p> <p><u>Sandwiches & Salads Daily</u></p> <p>Pepper Jack Cheese Burger w/ Chips Potato Salad</p>	<p>7</p> <p style="text-align: center;">Breakfast</p> <p>Assrt Cereals & Grains, fruits & Milk</p> <p>WG Donut's</p> <p style="text-align: center;">Lunch</p> <p><u>Sandwiches & Salads Daily</u></p> <p>BBQ Turkey Sliders French Fries</p>
<p>11</p> <p style="text-align: center;">Breakfast</p> <p>Assrt Cereals & Grains, fruits & Milk</p> <p>Assorted Muffins w/ Fruit</p> <p><u>Sandwiches & Salads Daily</u></p> <p>Stuff Crust Pizza Pasta Salad</p>	<p>12</p> <p style="text-align: center;">Breakfast</p> <p>Assrt Cereals & Grains, fruits & Milk</p> <p>WG Waffles w/ Fresh Fruit</p> <p style="text-align: center;">Lunch</p> <p><u>Sandwiches & Salads Daily</u></p> <p>Crunchy Beef Taco's Corn</p>	<p>13</p> <p style="text-align: center;">Breakfast</p> <p>Assrt Cereals & Grains, fruits & Milk</p> <p><i>Hot:</i> Bagel w/ Cream Cheese</p> <p style="text-align: center;">Lunch</p> <p><u>Sandwiches & Salads Daily</u></p> <p>Spaghetti w/ Meat Sauce TX Toast & Green Beans</p>	<p>14</p> <p style="text-align: center;">Breakfast</p> <p>Assrt Cereals & Grains, fruits & Milk</p> <p>WG Donut's</p> <p style="text-align: center;">Lunch</p> <p><u>Sandwiches & Salads Daily</u></p> <p>Hot Dog w/ Chili cup w/ Cheese</p>
<p>18</p> <p style="text-align: center;">Breakfast</p> <p>Assrt Cereals & Grains Fruit & Milk</p> <p><i>Hot:</i> Biscuit & Sausage Gravy</p> <p style="text-align: center;">Lunch</p> <p><u>Sandwiches & Salads Daily</u></p> <p>Chicken & Cheese Gravy Mashed Potato Bowl w/ Biscuit</p>	<p>19</p> <p style="text-align: center;">Breakfast</p> <p>Assrt Cereals & Grains, fruits & Milk</p> <p><i>Hot:</i> Apple Frudel w/ String Cheese</p> <p style="text-align: center;">Lunch</p> <p><u>Sandwiches & Salads Daily</u></p> <p>Super Nacho's w/ Beans & Cheese & Mexi Rice</p>	<p>20</p> <p style="text-align: center;">Breakfast</p> <p>Assrt Cereal & Grains, Fruit & Milk</p> <p><i>Hot:</i> Scrambled egg w/ Sausage</p> <p style="text-align: center;">Lunch</p> <p><u>Sandwiches & Salads Daily</u></p> <p>Chicken Strips w/ Dipping sauces Potato Wedges</p>	<p>21</p> <p style="text-align: center;">Breakfast</p> <p>Assrt Cereals & Grains, fruits & Milk</p> <p>WG Donut's</p> <p style="text-align: center;">Lunch</p> <p><u>Sandwiches & Salads Daily</u></p> <p>Teriyaki Chicken w/ Vegetable Fried Rice</p>
<p>25</p> <p style="text-align: center;">Breakfast</p> <p>Assrt Cereal & Grains, Fruit & Milk</p> <p>Yogurt w/ Granola & Fruit</p> <p style="text-align: center;">Lunch</p> <p><u>Sandwiches & Salads Daily</u></p> <p>BBQ Pork Sand Pineapple Cole Slaw</p>	<p>26</p> <p style="text-align: center;">Breakfast</p> <p>Assrt Cereal & Grains, Fruit & Milk</p> <p>Turkey & Cheese Waffle Sand</p> <p style="text-align: center;">Lunch</p> <p><u>Sandwiches & Salads Daily</u></p> <p>Bean & Cheese Burrito Corn Salsa</p>	<p>27</p> <p style="text-align: center;">Breakfast</p> <p>Assrt Cereal & Grains, fruit & Milk</p> <p><i>Hot:</i> Soft Pretzel w/ 4oz Yogurt</p> <p style="text-align: center;">Lunch</p> <p><u>Sandwiches & Salads Daily</u></p> <p>Meatballs w/ Gravy over Mashed Potato's</p>	<p>28</p> <p style="text-align: center;">Breakfast</p> <p>Assrt Cereal & Grains, fruit & Milk</p> <p>WG Donuts</p> <p style="text-align: center;">Lunch</p> <p><u>Sandwiches & Salads Daily</u></p> <p>WG Corn Dog w/ Baked Beans</p>

This institution is an equal opportunity provider.