

December 2018

Hines Middle School Breakfast and Lunch Menu

Lunch – **\$2.90-paid & 0¢-reduced** □ **Extra Milk– 45¢** or juice – **45¢**

Lunch includes: Entrée sandwiches and salads, salad bar with fruits, vegetables, breads, grains , Oregon Milk

Breakfast - \$1.75 paid & 0¢ – reduced in the Cafeteria. Menu is subject to change

Some items may contain nuts.

Food allergies need to be documented by a licensed doctor and a copy sent to the kitchen.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY



3
Breakfast
 Assrt Cereals & Grains, fruits & Milk
Hot: Cheesy Eggs & H-Brown
Lunch
Sandwiches & Salads Daily
 WG Chicken Burger
 Seasoned Baked Beans

4
Breakfast
 Assrt Cereals & Grains, fruits & Milk
Hot: Cherry Fundal w/ String Cheese
Lunch
Sandwiches & Salads Daily
 Beef Tostada bowl w/ Beans & Mexi Rice

5
Breakfast
 Assrt Cereals & Grains, fruits & Milk
 Fruity Yogurt Parfait w/ Granola
Lunch
Sandwiches & Salads Daily
 Pepper Jack Cheese Burger w/ Chips
 Potato Salad

6
Breakfast
 Assrt Cereals & Grains, fruits & Milk
 WG Donut's
Lunch
Sandwiches & Salads Daily
 Breaded Pork Patty w/ Gravy & Mashed Potato w/ Roll

10
Breakfast
 Assrt Cereals & Grains, fruits & Milk
 Assorted Muffins w/ Fruit
Sandwiches & Salads Daily
 Breaded Cheese Stix w/ Marinara & Pasta Salad

11
Breakfast
 Assrt Cereals & Grains, fruits & Milk
 WG Waffles w/ Fresh Fruit
Lunch
Sandwiches & Salads Daily
 Crunchy Beef Taco's
 Corn

12
Breakfast
 Assrt Cereals & Grains, fruits & Milk
Hot: Bagel w/ Cream Cheese
Lunch
Sandwiches & Salads Daily
 Spaghetti w/ Meat Sauce
 TX Toast & Green Beans

13
Breakfast
 Assrt Cereals & Grains, fruits & Milk
Hot: Turkey & cheese Waffle
 Sand w/ Jelly
Sandwiches & Salads Daily
 Hot Dog w/ Chili cup

17
Breakfast
 Assrt Cereal & Grains, Fruit & Milk
Hot: Breakfast Burrito
Lunch
Sandwiches & Salads Daily
 Meat Lasagna w/ Tx Toast
 Green Beans

18
Breakfast
 Assrt Cereals & Grains, fruits & Milk
Hot: Apple Frudel w/ String Cheese
Lunch
Sandwiches & Salads Daily
 Bean & Cheese Burrito
 Corn

19
Breakfast
 Assrt Cereal & Grains, Fruit & Milk
Hot: Scrambled egg w/ Sausage
Lunch
Sandwiches & Salads Daily
 Chicken Strips w/ Dipping sauces
 Fries

20
Breakfast
 Assrt Cereals & Grains, fruits
 WG Donut's
Lunch
Sandwiches & Salads Daily
 Pizza (only)



WINTER BREAK
 DEC 21- JAN 1

This institution is an equal opportunity provider.

