


JANUARY 2019

Burns High School Lunch Menu

Lunch – **\$2.90**-paid & **0¢**-reduced **Extra milk- .45 or juice – 45¢ , water \$1.00**
 Lunch includes: Entrée with fruits, vegetables, breads, grains and assorted Oregon Milk
Food allergies need to be documented by a licensed doctor and a copy sent to the kitchen
 Menu is subject to change **One hot option only.** *Assorted Salads& Sandwiches **to Go Daily**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
	1 NO SCHOOL	2 Lunch Meat Spaghetti w/ TX Toast, Corn Salad w/ Broccoli & Cauliflower, Strawberries & Milk	3 Lunch Meatball Sub Potato Wedges Green Salad w/ Celery & PB, Oranges & Milk
7 Lunch Deluxe Chicken Burger Scalloped Potato's Salad w/ Tomato Oranges and Milk	4 Lunch Super Nacho's w/ Beans & Cheese Salad w/ Tomato & Olives Pineapple and Milk	9 Lunch Meat Lasagna w/ TX Toast Green Beans/- Salad w/ Cauliflower Peaches and Milk	10 Lunch BBQ Pork Rib Sand Potato Salad Salad w/ Carrots & Broccoli Fruit Salad and Milk
14 Lunch Pepper Jack Burgers W/ Lettuce-Tomato- Onion & Fries Baked Beans- Asstd Fruit	15 Lunch Beef & Bean Tostada Bowl w/ Lettuce, Tomato, Cheese Mexi Rice Pears and Milk	16 Lunch Toasted Cheese Sand w/ Soup Green Salad w/ Peppers & Croutons, Applesauce & Milk	17 Lunch Soft Pretzel w/ Cheese Cracker & PB Salad w/ Tomato & Carrot Peaches and Milk
21 NO SCHOOL MARTIN LUTHER KING, JR. DAY	22 Lunch Chicken & Cheese Quesadilla Salsa & Sour Cream Tater Tots Pears and Milk	23 Lunch Teriyaki Chicken w/Veggie Fried Rice Sweet-Sour Cole Slaw Salad w/ Broccoli Oranges and Milk	24 Lunch Stuff Crust Pizza Choice of dipping Sauce Green Salad Fruit and Milk
28 Lunch Mac & Cheese w/ Dinner Roll Salad w/ Tomato & Carrots/ Green Beans Strawberries and Milk	29 Lunch Chicken Nuggets W/ Mashed Potato & Gravy Salad w/ Cucumber & Peppers Pineapple and Milk	30 Lunch Gravy w/ Meatballs and Noodles, WW/Roll Green Salad w/ Carrots Corn, Peaches and Milk	31 Lunch Meat & Cheese Calzone Salad w/ Olives & Mushrooms Oranges and Milk

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.