

Standards: (List the number of appropriate Standard (s))

- 1 = Learning Communities
- 2 = Leadership
- 3 = Resources
- 4 = Data
- 5 = Learning Designs
- 6 =Implementation
- 7 =Outcomes

Examples of opportunities to earn PDU's

Professional workshops and conferences

number of hours
spent attending

University, college, and community college classes

20 PDUs for each
quarter credit; 30
PDUs for each
semester credit

Auditing university, college, or community college classes

20 PDUs for each quarter credit; 30 PDUs
for each
semester credit;
transcript needs to be
obtained

Trainings listed on ODE's web site

number of credits as
specified for
individual activities

Online education-related classes and webinars

number of hours spent listening/participating

CPR training*

number of hours
spent attending

First aid training*

number of hours spent attending

Blood-borne pathogen training*

number of hours
spent attending

Curriculum training

number of hours
spent in training

Inservice meetings

number of hours spent in meetings

Activities listed on ESD or school district websites

number of hours
spent in training;
these opportunities
may
be limited to educators within the same
district.

NOTE:

One clock hour = one PDU.

One quarter hour of college credit = 20 PDUs.

One semester hour of college credit = 30 PDUs.

Minimum number required:

75 for final 3-year licenses

125 for final 5-year licenses

30 for Subs & Restricted Subs

Mentoring student teachers in classroom	number of hours spent mentoring student teachers
Presentation at conference or inservice	number of hours spent preparing and attending
Serving on board of professional association	number of hours spent in board meetings
Serving on school board or other school district committee or board	number of hours spent in board meetings
Participation in Site council meetings*	number of hours spent in meetings
Technology training (whether hands on training or online training)*	number of hours spent in training
Writing article that is then published in a professional journal or newsletter*	number of hours

1. You will need to submit a Log of Professional Development Activities, along with the supporting documentation to show completion of the activities listed on the log. Here is the link to obtain the Log of Professional Development Activities form: www.orepdc.k12.or.us/pdf/PDU_log.pdf

2. Educators are required to: (1) track completed PDUs and enter them on a log; and (2) ensure that activities must fall within one of the seven "standards" specified in OAR 584-090-0110 in order to earn credit. These professional development opportunities do not differ from PDUs that were required if or when you were a full-time employed educator. The standards may be located at: <http://learningforward.org/standards/standards-list>

3. Supporting documentation would be some type of proof that you completed the activities listed on the Log of

Professional Development Activities. For example; Certificate of Completion, Certificate of Attendance, Official Transcript (unopened), official letter/email, etc. These items need to show your name, the name of the activity, the date of the activity, the number of PDUs, credits earned or time to complete (minutes and/or hours). You can also submit a Verification of Attendance at Event to Earn Professional Development Units (PDUs). Here's the link for this form: https://www.oregon.gov/tspc/Documents/PDUs_Verification_Form.pdf

Helpful links to find PDUs:

<http://www.loc.gov/teachers/professionaldevelopment/>

<http://www.cosi.org/educators/professional-development>

<http://www.teachersprofessionaldevelopment.net/workshops.php>

<http://www.oregon.gov/ode/educator-resources/Pages/Professional-Development.aspx>