

JANUARY 2019

Henry L. Slater Elementary Menu


BREAKFAST IS COMPLEMENTRY TO ALL STUDENTS!

Lunch – \$2.80 paid & 0¢-reduced Extra Milk – 45¢ Juice is .45¢

Lunch includes: Entrée, salad bar with fruits, vegetables, breads, grains Oregon Milk

Menu is subject to change. Some items may contain nuts.

Food allergies need to be documented by a licensed doctor and a copy sent to the kitchen.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
	1 NO SCHOOL	2 Breakfast Waffle, Applesauce Milk Lunch Meat Spaghetti /TX Toast Turkey & Cheese Sand Green Beans	3 Breakfast Cereal w/ Dried Fruit Cracker & Milk Lunch Breaded Cheese Stix w/ Dipping Sause Meatball Sub
7 Breakfast Chocolate Oat Bar Applesauce and Milk Lunch Alfredo w/ TX Toast Chicken Burger Scalloped Potato	8 Breakfast Yogurt w/ Cracker, Cut Apples & Milk Lunch Nacho w/ Beans & Cheese Sloppy Joe Corn	9 Breakfast Banana Bread w/ Oranges Cracker & Milk Lunch Meat Lasagna w/ TX Toast Corn Dogs Green Beans	10 Breakfast Cereal w/ String Cheese Banana and Milk Lunch Baked Potato w/ Bacon & Cheese BBQ Pork Rib Sand
14 Breakfast Sunflower Seeds, Pear String Cheese, Milk Lunch Hamburger Hot Dogs Baked Beans	15 Breakfast French Toast Juice & Milk Lunch Crunchy Beef Tostada WG Bean & Cheese Burrito Corn	16 Breakfast Cherry Frudel Apples and Milk Lunch Chili w/ Cornbread & Toppings Toasted Cheese Sand	17 Breakfast Cereal, Banana String Cheese, Milk Lunch Italian Meat Subs Soft Pretzel w/ Cheese Tater Tots
21 NO SCHOOL MARTIN LUTHER KING, JR. DAY	22 Breakfast WG Cinnamon Bun Applesauce & Milk Lunch Chicken Fajita Hamburger French Fries	23 Breakfast Muffins, String Cheese Peaches and Milk Lunch Stuff Crust Pizza Orange Chicken w/ Fried Rice W/ Veggies	24 Breakfast Cereal Bar, Cracker Dried Fruit & Milk Lunch Corn Dog Turkey & Cheese Sand Baked Bean
28 Breakfast WG Fruit Pop Tart Cut Apples and Milk Lunch Mac & Cheese w/ TX Toast Chicken Nuggets Green Beans	29 Breakfast Nutri Grain Bar Cracker, Fruit & Milk Lunch Bean & Cheese Burrito Crunchy Beef Taco & Cheese Mexi Rice	30 Breakfast WG Cherry Apple Crisp Pears & Milk Lunch Gravy & Meatballs w/ Potato Meat Calzone	31 Breakfast Cracker, String Cheese Apple & Milk Lunch PB & Jelly Stuff Crust Pizza

This institution is an equal opportunity provider.